

HOW IT WORKS

STEP 3

Chapter 5

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1. Have I rarely seen a person fail who has thoroughly followed our directions? P58 P1 L1

2. Do I believe those who do not recover are people who cannot or will not completely give themselves to this simple program? Do I? Pg. 58 P1 L1

a. Have I seen from page 23-43 where alcohol / drugs is concerned I'm constitutionally incapable of being honest with myself? Pg. 58 P1 L5

3. Have I decided I want what they have and am willing to go to any length to get it? Pg. 58 P2 L3

a. Am I ready to take these proven steps? Pg. 58 P2 L5

4. Am I convinced of these 3 pertinent ideas? Pg. 60 P2 L1

a. That I am, drunk or sober, alcoholic and cannot manage my own life (Step 1)?

b. That probably no human power can relieve my alcoholism?

c. That God can and will if He is sought (Step 2)?

d. "Am I convinced of these 3 pertinent ideas?":

5. Am I convinced that my life run on self-will can hardly be a success? Pg. 60 P4 L1

a. What does a successful life look like to me?

b. On that basis, running my life on my will am I almost always in collision with something or somebody even though my motives are good?

c. Am I like the actor who want to run the whole show? Pg. 60 P4 L6

6. When life doesn't treat me right do I decide to exert myself more? Pg. 61 P1 L2

a. Do I become still more demanding or gracious, whatever I need to do to get what I want? Pg. 61 P1 L3

b. Admitting I may be somewhat at fault, am I sure that other people are more to blame? Pg. 61 P1 L6

7. Am I really a self-seeker even when trying to be kind?

a. Have I been a victim of the delusion that I can wrestle (force) satisfaction and happiness out of this world if I only I manage well? Pg. 61 P1 L10

b. Am I even in my best moments, a producer of confusion rather than harmony? Pg. 61 P1 L16

8. Am I self-centered? (Think of myself too often) Pg. 61 P2 L1

a. Do I believe selfishness and self-centeredness is the root of my troubles? Pg. 62 P1 L1

9. Am I driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity? Pg. 62 P1 L2

10. Have I found at some time in the past I have made decisions based on self which later placed me in a position to be hurt? Pg. 62 P1 L6 (This gets proven in step 4)

11. Do I believe my troubles are basically of my own making? They arise out of myself? Pg. 62 P2 L1

a. Am I an extreme example of self-will run riot even though I don't think so? Pg. 62 P2 L3

12. Do I believe above everything, I must be rid of selfishness or it will kill me? Pg. 62 P2 L4

a. Do I believe God makes that possible? Pg. 62 P2 L6

b. Do I believe there is no way of entirely getting rid of self without His aid? Pg. 62 P2 L7

13. Do I have to have God's help? Pg. 62 P2 L12

14. Do I have to decide to quit playing God? Pg. 62 P3 L2

15. Did playing God work? Pg. 62 P3 L2

The book gives us 3 aspects of a relationship with God for consideration:

16. **DIRECTOR / ACTOR:** "A director runs the show; an actor listens to direction"

Have I failed in directing my life on my own power? Am I ready to make the decision that hereafter God will direct my life?

17. **PRINCIPAL / AGENT:** "An agent represents who the Principal (or Employer) would have them be"

Have I failed to be the person I would have me be? And failed to make others the way I need them to be? Am I ready to make the decision that hereafter I will represent what God would have me be?

18. **FATHER / CHILD:** "A Child trusts their Father can provide what they're incapable of doing on their own"

On my own, have I failed to provide what I need to be ok?

Am I ready to make the decision that hereafter I will trust that God will provide what I need?

19. Do I believe that these ideas are good and that this concept will be the keystone of the new and triumphant arch through which I will pass to freedom? Pg. 62 P3 L6

CONSIDERATION:

STEP 2 talked about my conception "my old ideas of God". The 3rd step is my decision to grow towards a new concept "a new idea" of a God reliant way to live.